



# U18 AA

2022 - 2023 TEAM GUIDE

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TOURNAMENT SCHEDULE  
BLUEWATER HAWKS U18 AA  
2022 - 2023

SEPT 09 - 11	STONEY CREEK <b>SHOWCASE</b>	STONEY CREEK, ONTARIO, CANADA
SEPT 16 - 18	STONEY CREEK UNIVERSITY <b>SHOWCASE</b>	STONEY CREEK, ONTARIO, CANADA
OCT 14 - 16	USA-CANADA <b>CUP</b>	FRASER, MICHIGAN, UNITED STATES
NOV 04 - 06	NY <b>STORMFEST</b>	NORTH YORK, ONTARIO, CANADA
DEC 02 - 04	USA-CANADA <b>CUP</b>	KITCHENER-WATERLOO, ONTARIO, CANADA



**COACHING STAFF**  
BLUEWATER HAWKS U18 AA  
2022 - 2023



**JOEL BELANGER**  
Head Coach  
bucker19@yahoo.com



**CHRIS LEGERE**  
Assistant Coach  
legerecm@gmail.com



**DEREK SAMSON**  
Assistant Coach  
lsamson2@cogeco.ca



**CRYSTAL ELLERINGTON**  
Trainer  
c-elleri@ecfordlincoln.ca



## ELLA WILLOUGHBY

01

### BLUEWATER HAWKS GOALIE

From: London, ON  
Born: 2006 Shoots: Left  
Graduation Year: 2024  
Parent Email: willoughby@rogers.com

**Athletic Goal:** My short term goal is playing PWHL next year. A longer term goal is playing University level hockey.

**Other Interests:** I play L3 soccer on a team that has won back to back Ontario Championships. I like to spend time with friends. I am an ice hockey referee. I also like baking and reading.

**Favourite Hockey Moment:** My favourite hockey memory is my first year playing on a girls team after transitioning from boys hockey. During my first tournament of the year, I made many new friends and became much closer with my teammates.

**Favourite Quote:** "Nobody who ever gave (their) best regretted it"  
- George S Halas



BLUEWATER HAWKS U18 AA



## AUDREY ELLERINGTON

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### BLUEWATER HAWKS FORWARD

From: Centralia, ON  
Born: 2005 Shoots: Left  
Graduation Year: 2023  
Parent Email: c-elleri@ecfordlincoln.ca  
bryon@inglewoodmechanical.ca

**Athletic Goal:** My athletic goal is to be a role model to the young girls in my home town. Someone for them to look up to. Not only as an athlete, but as a mentor. Learning everything I have over the years came from a variety of different people including coaches, parents and teachers, and without that guidance I wouldn't be on the ice I am today. Being able to play hockey at a high level is a privileged and it isn't something I take lightly. I work hard and skate harder.

**Other Interests:** I enjoy playing soccer and power skating. I am also going to be a Big Sister with the Big Brother/ Big Sister organization in my community. Being able to give advice and be an ear for some little girl is something I am very passionate about. Not everyone has the privileges in life that I have been given and it's the least I can do to give back.

**Favourite Hockey Moment:** There have been several amazing moments over my hockey career, winning Gold at provincials, skating with NHL players. But I would have to say last year was one of my most memorable years of playing, the end result wasn't where we wanted it to be. But throughout that year we never let our head hang down, we stuck together as a team and got along so well. So many laughs on the ice in the dressing room and on the car rides home. That is an amazing feeling. Knowing that your team wants this just as much as you do.

**Favourite Quote:** "If you don't fail, you weren't trying"  
- Denzel Washington

"A GOOD hockey player plays where the puck is.  
A GREAT hockey player plays where the puck is going to be."  
- Wayne Gretzky



## JEANETTE LEGERE

07

BLUEWATER HAWKS  
FORWARD

From: Chatham, ON  
Born: 2006 Shoots: Right  
Graduation Year: 2024  
Parent Email: legerecm@gmail.com

**Athletic Goal:** This year my goal is to improve on all aspects of my game so that I can be valuable to my team in all situations. My long term goal is to continue playing hockey at the highest level possible as a post secondary student.

**Other Interests:** I enjoy playing badminton, soccer, golf and working out. I also really enjoy coaching youth hockey players and inspiring them to keep improving their game.

**Favourite Hockey Moment:** My favourite moment in hockey was when my team won GOLD at Lower Lakes in my major PeeWee season.

**Favourite Quote:** "It's not the team with the best players that win, it's the players with the best team."



BLUEWATER HAWKS U18 AA



## GRACE HARSE

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BLUEWATER HAWKS  
DEFENCE

From: Petrolia, ON  
Born: 2006 Shoots: Left  
Graduation Year: 2024  
Parent Email: lharse@cogeco.ca

**Athletic Goal:** Be my best every day to help my team succeed.

**Other Interests:** Baseball, Paddleboarding, wakeboarding, waterskiing, kneeboarding, boating, fishing and working out.

**Favourite Hockey Moment:** Winning PeeWee AA, International Silverstick, Provincial Gold Medal in Atom hockey.





## KELLY MACKINNON

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BLUEWATER HAWKS  
FORWARD

From: Coldstream, ON  
Born: 2007 Shoots: Left  
Graduation Year: 2025  
Parent Email: [Colin@mackinnons.ca](mailto:Colin@mackinnons.ca)

**Athletic Goal:** My current goal is to continue to get better everyday by keeping up with my training and working my hardest. My goal for the future is to progress to the PWHL level and then move on to playing collegiate level hockey such as NCAA or U-Sports.

**Other Interests:** Biking, weight lifting, reading, spending time with family and friends.

**Favourite Hockey Moment:** My favourite moment in hockey has to be in my Major Atom year when I played up as an AP for my older brothers hockey team and scored my first goal with the team off of a pass from my brother.

**Favourite Quote:** "You're the future of Women's hockey"  
- Hazel McCallion (Ontario Summer Games OWSHA 2022)



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## REGAN NOLAN

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BLUEWATER HAWKS  
DEFENCE

From: London, ON  
Born: 2006 Shoots: Left  
Graduation Year: 2024  
Parent Email: [nolanp@live.ca](mailto:nolanp@live.ca)

**Athletic Goal:** To develop this year and make the U18 Canada Team and play University level hockey.

**Other Interests:** I enjoy playing other sports like lacrosse and hanging out with friends.

**Favourite Hockey Moment:** My first time going to Provincials with a girls team, having the most fun with all the girls and playing good hockey with all my friends. It was a great experience on and off the ice. One I'll never forget.

**Favourite Quote:** "I am not a product of my circumstances. I am a product of my decisions."  
- Stephen R. Covey



**MADI CARDNO**

**16**

**BLUEWATER HAWKS  
FORWARD**

**From:** Egmondville, ON  
**Born:** 2005 **Shoots:** Right  
**Graduation Year:** 2023  
**Parent Email:** cmcardno@tcc.on.ca

**Athletic Goal:** I strive to compete at the most competitive level of hockey I am capable of and make a difference for my team at that level. My goal is to be approachable for my teammates in the dressing room and on the ice. Continuing to maintain consistent on ice play is also tremendously important to my athletic future.

**Other Interests:** Away from the rink I enjoy CrossFit training, swimming, badminton, basketball, reading, and biking.

**Favourite Hockey Moment:** Last season, I broke my arm at the beginning of March. I wasn't able to play in the majority of the playoffs and playdowns. However, my team rallied to win the division in playoffs and qualified for provincials. Even though I was not on the ice for these accomplishments, I was touched by my teammates. I held a leadership role on the ice last season, and was still able to continue that when I was not able to play. Luckily, I got my cast off the day before provincials and was able to play that weekend. The post-season was a dramatic emotional roller-coaster, but will forever be my favourite hockey moment as it showed me first-hand the power of being a close-knit team.

**Favourite Quote:** "The highest compliment you can pay me is to say that I worked hard every day, that I never dog it."  
- Wayne Gretzky



**BLUEWATER HAWKS U18 AA**



**LUCIE DUFFY**

**17**

**BLUEWATER HAWKS  
DEFENCE**

**From:** Lambeth, ON  
**Born:** 2007 **Shoots:** Left  
**Graduation Year:** 2025  
**Parent Email:** melissa.duffy@rogers.com

**Athletic Goal:** My goals are to reach my full athletic potential and to play at the collegiate level.

**Other Interests:** I really enjoy playing soccer, I am a goalkeeper for London TFC. I enjoy playing other sports like volleyball and road hockey for fun. I also like hanging out with my friends in my free time

**Favourite Hockey Moment:** Winning the Lower Lakes Championship in Pee wee!

**Favourite Quote:** "Our greatest glory is not in never failing, but in rising every time we fall!"



## ALI ALTIMAN

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### BLUEWATER HAWKS DEFENCE

From: Chatham, ON

Born: 2007 Shoots: Left

Graduation Year: 2025

Parent Email: [DeanAltiman@live.ca](mailto:DeanAltiman@live.ca)

**Athletic Goal:** Play competitive hockey and hope to get D1 scholarship.

**Other Interests:** Playing box lacrosse and playing fastball.

**Favourite Hockey Moment:** Playing for the U16 Tier 1 National Championship last year for BK Selects.

**Favourite Quote:** "Everyday is a great day for hockey!"



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## JORDYN KORMENDI

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### BLUEWATER HAWKS FORWARD

From: Strathroy, ON

Born: 2005 Shoots: Left

Graduation Year: 2023

Parent Email: [jennkormendi@hotmail.com](mailto:jennkormendi@hotmail.com)

**Athletic Goal:** My athletic goal is to improve my game every season with the hope of playing university hockey.

**Other Interests:** Soccer, Volleyball, Running, Music, Art

**Favourite Hockey Moment:** Playing hockey with Sidney Crosby at his camp in Cole Harbour, Nova Scotia.

**Favourite Quote:** "Don't stop until you're proud."

**Video:** > [Rush Hockey 2021](https://youtu.be/SHn2bmOLSJg)  
(<https://youtu.be/SHn2bmOLSJg>)





## NICOLE FLESHER

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BLUEWATER HAWKS  
GOALIE

From: London, ON  
Born: 2007 Shoots: Left  
Graduation Year: 2025  
Parent Email: jflesh@rogers.com

**Athletic Goal:** My goal is to compete intensely in practices and games with my teammates to have success. My longer term goals are to play PWHL next year and later on University hockey.

**Other Interests:** I play U15 OPDL soccer in the offseason and I enjoy competitive sports like track, basketball, cross country running and golf.

**Favourite Hockey Moment:** My favourite hockey memories happen every year bonding with new friends, winning big games, spending time in hotels and travelling to tournaments.

**Favourite Quote:** "It's hard to beat the person who never gives up"  
- Babe Ruth



BLUEWATER HAWKS U18 AA



## REAGAN SAMSON

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BLUEWATER HAWKS  
DEFENCE

From: Corunna, ON  
Born: 2006 Shoots: Left  
Graduation Year: 2024  
Parent Email: Lsamson2@cogeco.ca

**Athletic Goal:** To play hockey at University/College level.

**Other Interests:** Spending time with family and friends, working out, fishing/boating.

**Favourite Hockey Moment:** Winning U18 AA division to be Division Champions in 2022.

**Favourite Quote:** "I never lose. I either win, or learn."  
- Nelson Mandela



## REECE COLEMAN

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BLUEWATER HAWKS  
FORWARD

From: Shedden, ON

Born: 2006 Shoots: Right

Graduation Year: 2024

Parent Email: cwelchdc@hotmail.com

**Athletic Goal:** My athletic goal is to become more creative with play-making to deceive my opponents and create more offensive opportunities. I also plan to develop my hockey IQ by analyzing junior, university and college teams to understand the components that are essential for me to advance to the next level. I am determined to add another degree of intensity to my game by growing faster and stronger not only physically, but mentally. With these goals in place, I hope to achieve my aspirations of playing at the college or university level.

**Other Interests:** Soccer, skiing/snowboarding, track and field, equestrian show jumping.

**Favourite Hockey Moment:** Qualifying game for Provincials against London Devillettes during the 2021-2022 season

**Favourite Quote:** "Hard work beats talent when talent doesn't work hard."

- Tim Notke



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## SARAH KENNEDY

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BLUEWATER HAWKS  
DEFENCE

From: Ilderton, ON

Born: 2005 Shoots: Left

Graduation Year: 2023

Parent Email: kellykennedy@bellnet.ca

**Athletic Goal:** I will work as hard as I can on the ice and continue training off the ice to increase my speed and strength. I will practice how I want to play.

**Other Interests:** I enjoy playing a number of other sports and participating in school sports. I also love to travel, trying new things and spending time with family and friends.

**Favourite Hockey Moment:** When our team was undefeated all season long and having the opportunity to compete at Championship weekend.

**Favourite Quote:** "Some of us love hockey not just for its ferocity and skill but for its underlying code of civility off the ice"

- George Vecsey



## ESTELLE LEBEAU

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BLUEWATER HAWKS  
FORWARD

From: Ilderton, ON  
Born: 2006 Shoots: Right  
Graduation Year: 2024  
Parent Email: lebeau@isp.ca

**Athletic Goal:** Improve my hockey skills and help my team to have a successful hockey season.

**Other Interests:** Soccer and rugby.

**Favourite Hockey Moment:** Winning silver at Provincials.

**Favourite Quote:** "Don't be afraid of failure, this is the way to succeed."  
- LeBron James



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## ESTEE FODOR

89

BLUEWATER HAWKS  
FORWARD

From: Dutton, ON  
Born: 2006 Shoots: Left  
Graduation Year: 2024  
Parent Email: neL\_cyn@yahoo.com

**Athletic Goal:** To play university level and professional women's hockey.

**Other Interests:** Working out, golf, motocross and surfing.

**Favourite Hockey Moment:** Winning gold in a four round shootout.

**Favourite Quote:** "Enjoy the grind."



**KASSANDRA PERIVERSOFF**

**91**

**BLUEWATER HAWKS  
DEFENCE**

**From:** London, ON

**Born:** 2006 **Shoots:** Right

**Graduation Year:** 2024

**Parent Email:** carolinekennedy@rogers.com



**BLUEWATER HAWKS U18 AA**

**Athletic Goal:** My athletic goal is to become the strongest, fastest version of myself on and off-ice, to use my hockey IQ to the best of my ability in helping my team's play in every way possible, as well as being not only a good teammate but a leader for my team. I want to put all my effort into personal growth and making a difference every game in my own play to contribute as much as possible to my team's success.

**Other Interests:** Cross country, track and field, working out, soccer, and hanging out with friends.

**Favourite Hockey Moment:** My favourite hockey moment was watching my sister obtain her dream of playing University Hockey and seeing the dedication and hard work that she put in along the way to achieving her goal. Watching and hearing all about her experiences throughout this journey of hers truly set fire to my passion of hockey and made me realize that with a lot of hard work, self discipline and motivation I can obtain a D-1 scholarship of my own.

**Favourite Quote:** "Obsession is going to beat talent every time. You got all the talent in the world, but are you obsessed? Let's face it, it's you against you out there."  
- Adam Sandler





## SCOUTING NOTES

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